BBC World Service in English — Short Wave Frequencies — Winter 2019-20

in MHz *Mon to Fri 250kW unless stated

from transmitters in: Woofferton in UK | Ascension | Erevan | Madagascar | Oman | Sao Tome | Singapore | Thailand | UAE | Vatican

West & Central Europe

(no analogue service is directed to Europe, but some frequencies to other regions that may be audible are shown below)

GMT:	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23
	320 11.995				160 Cent 6.195	169 Cent 12.095	175 Cent 15.49						320 12.065				27 to West (125kW) 15.40		27 to West (125kW) 12.095		27*(125kW) to West 12.095*		
	320 9.41			315 9.915	195 West 5.875	180 West 7.325	335 (100kW) 7.325			340 11.945	330 Myanmar				315 Mid East 7.485			7.485					
			320 Iran+Iraq 6.195	7.285	27 (125kW) West 6.005		27 (125kW) 9.915									315 to East Africa 7.445	interferance	315 to East Africa 7.445					
						114 digital (100kW) 3.955											320 to Iran+Iraq 6.195						
	Digital Short Wave (DRM) ------->																						
Paris Time:		3am	4am	5am	6am	7am	8am	9am	10am	11am	Noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	Midnt

Middle East, Gulf, Afghanistan, Iran and Iraq

GMT:	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23
			10 Iran+Afghanistan 7.285	9.41																			
			320 Iran+Iraq 6.195	7.285											315 Mid East 7.485			7.485	Medium Wave				
	80 1413 Medium Wave				350 to Iran (800kW) 1413 (212m)												320 to Iran+Iraq 6.195		350 to Iran (800kW) 1413 kHz				
Jerusalem time:		4am	5am	6am	7am	8am	9am	10am	11am	Noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	Midnt	1am
In Iran:	4.30am	5.30am	6.30am	7.30am	8.30am	9.30am	10.30am	11.30am	12.30pm	1.30pm	2.30pm	3.30pm	4.30pm	5.30pm	6.30pm	7.30pm	8.30pm	9.30pm	10.30pm	11.30pm	12.30am	1.30am	2.30am

India, Pakistan, Bangladesh and Sri Lanka

GMT:	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23
	320 11.995		Digital Short Wave (DRM) ---->					315 digital (100kW) 15.62				100 12.065	320 12.065										
100 (300k 7.41	320 9.41											63 9.41											
63 5.97	100 (300kW) 5.97																						
	80 1413 (212m) Medium Wave									Medium Wave			80 to India 1413	80 MW			80 to India 1413		350 to Iran (800kW) 1413 kHz				
In Delhi:	6.30am	7.30am	8.30am	9.30am	10.30am	11.30am	12.30pm	1.30pm	2.30pm	3.30pm	4.30pm	5.30pm	6.30pm	7.30pm	8.30pm	9.30pm	10.30pm	11.30pm	12.30am	1.30am	2.30am	3.30am	4.30am

China

GMT:	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23
																						0+90 6.195	
												13 11.85										60 E China 5.96	
										13+135 (125kW each) to SE China+Vietnam 9.58 or 9.90												13 SE China 5.89	
In China:	9am	10am	11am	Noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	Midnt	1am	2am	3am	4am	5am	6am	7am

South East Asia

GMT:	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23
																						Tinang, Philippines 200 11.825	
										340 11.945	330 Myanmar											85 Myanmar 7.30	
																						Philippines 200 6.15	
										13+135 (125kW each) to SE Asia+Indonesia 9.58 or 9.90												0+90 SE Asia 6.195	
										0+90 (125kW each) 6.195												No Direction SE Asia 3.915 or 3.96	

West & Central Africa

GMT:	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23
						169 Cent 12.095	175 Cent 15.49									85 (125kW) Central 17.83							
					160 Cent 6.195	65 (125) C 7.445	88 Cent (100kW) 9.41											152 11.81	158 11.81	65 (125k) 11.81	65*(125kW) to Cent Afr 11.81		
					195 West 5.875	180 West 7.325	335 (100kW) 7.325									65 (125k) Nigeria	170 Nigeria 17.78	9.915					
					27 (125kW) West 6.005		27 (125kW) 9.915										27 to West (125kW) 15.40		27 to West (125kW) 12.095		27*(125kW) to West 12.095*		
Lagos Time:		3am	4am	5am	6am	7am	8am	9am	10am	11am	Noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	Midnt

East Africa

GMT:	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23
					225 13.86	230 15.42												225 but ASC 18-1830 Sa/Su 9.41					
				315 9.915											315 7.445			7.445					
93.9 FM Nairobi			Swa	93.9 Nairobi		101.3 Kampala			93.9 Nairobi			101.3 Kampala				Swahili		101.3 Kampala			93.9 Nairobi		
Kenya Time:		5am	6am	7am	8am	9am	10am	11am	Noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	Midnt	1am	2am

Southern Africa

GMT:	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23
					265 12.095	265 15.40										225 15.40			230 11.955				
						138 (100k 9.41	138 (100k) 12.095									114 (125k) 17.64	265 7.265						
S Africa Time:		4am	5am	6am	7am	8am	9am	10am	11am	Noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	Midnt	1am